



October Lunch Menu



	Mon	Tue	Wed	Thu	Fri	
<p>Ages 1-2 1 Ounce / 1/4 cup*</p> <p>1/2 Slice/Serving/1/4 Cup</p> <p>1/8 Cup</p> <p>1/8 Cup</p>				<p>1</p> <p>Chicken Fiedo Peas & Carrots Mandarin Oranges</p>	<p>2</p> <p>Turkey & Cheese Wrap Salad Applesauce</p>	<p>Ages 3-5 1.5 Ounces / 3/8 cup*</p> <p>1/2 Slice/Serving/1/4 Cup</p> <p>1/4 Cup</p> <p>1/4 Cup</p> <p>1</p>
<p>Ages 1-2 1 Ounce / 1/4 cup*</p> <p>1/2 Slice/Serving/1/4 Cup</p> <p>1/8 Cup</p> <p>1/8 Cup</p>	<p>5</p> <p>Chicken Quesadilla (WG) Carrots Pears</p>	<p>6</p> <p>Chicken w/ Rice Green Beans Peaches</p>	<p>7</p> <p>Spaghetti w/Ground Turkey (WG) Corn Applesauce</p>	<p>8</p> <p>Chicken Noodle Soup Peas Pineapples</p>	<p>9</p> <p>Grilled Ham Cheese Sandwich (WG) Broccoli Fruit Cocktail</p>	<p>Ages 3-5 1.5 Ounces / 3/8 cup*</p> <p>1/2 Slice/Serving/1/4 Cup</p> <p>1/4 Cup</p> <p>1/4 Cup</p>
<p>Ages 1-2 1 Ounce / 1/4 cup*</p> <p>1/2 Slice/Serving/1/4 Cup</p> <p>1/8 Cup</p>	<p>12</p> <p>Turkey Lasagna Cucumbers Peaches</p>	<p>13</p> <p>Sloppy Joes Mixed Veggies Pears</p>	<p>14</p> <p>Taco w/Turkey Salad Mandarin Oranges</p>	<p>15</p> <p>Spaghetti w/ Ground Turkey (WG) Green Beans Fruit Cocktail</p>	<p>16</p> <p>Turkey & Cheese Wrap Salad Pineapple</p>	<p>Ages 3-5 1.5 Ounces / 3/8 cup*</p> <p>1/2 Slice/Serving/1/4 Cup</p> <p>1/4 Cup</p> <p>1/4 Cup</p> <p>3/4 Cup</p>
<p>Ages 1-2 1 Ounce / 1/4 cup*</p> <p>1/2 Slice/Serving/1/4 Cup</p> <p>1/8 Cup</p> <p>1/8 Cup</p>	<p>19</p> <p>Chicken Alfredo Pasta Cucumbers Mandarin Oranges</p>	<p>20</p> <p>Chicken Taquitos (WG) Carrots Applesauce</p>	<p>21</p> <p>Bean & Cheese Tostada Peas Peaches</p>	<p>22</p> <p>Chicken w/ Mexican Rice Salad Fruit Cocktail</p>	<p>23</p> <p>Ham and cheese Sandwich (WG) Green Beans Pears</p>	<p>Ages 3-5 1.5 Ounces / 3/8 cup*</p> <p>1/2 Slice/Serving/1/4 Cup</p> <p>1/4 Cup</p> <p>1/4 Cup</p>
<p>Ages 1-2 1 Ounce / 1/4 cup*</p> <p>1/2 Slice/Serving/1/4 Cup</p> <p>1/8 Cup</p> <p>1/8 Cup</p>	<p>26</p> <p>Bean & Cheese Burrito Corn Pineapple</p>	<p>27</p> <p>Chicken Teriyaki with Rice Green Beans Fruit Cocktail</p>	<p>28</p> <p>Chicken Teriyaki with Rice Green Beans Fruit Cocktail</p>	<p>29</p> <p>Chicken Fiedo Peas & Carrots Mandarin Oranges</p>	<p>30</p> <p>Turkey & Cheese Wrap Salad Applesauce</p>	<p>Ages 3-5 1.5 Ounces / 3/8 cup*</p> <p>1/2 Slice/Serving/1/4 Cup</p> <p>1/4 Cup</p> <p>1/4 Cup</p>
<p>Ages 1-2 1 Ounce / 1/4 cup*</p> <p>1/2 Slice/Serving/1/4 Cup</p> <p>1/8 Cup</p> <p>1/8 Cup</p> <p>1/2 Cup</p>						<p>*All meals are served with milk unless otherwise noted*</p> <p>*Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to all children two years of age and older**</p> <p>**WG = Whole Grain**</p>

