



December Breakfast Menu



"This Institute is an Equal Opportunity Provider"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>*Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to all children two years of</i></p>	<p>2</p> <p>French Toast (WG) Applesauce</p>	<p>3</p> <p>Pancakes Pears</p>	<p>4</p> <p>English Muffins (WG) Fruit Cocktail</p>	<p>5</p> <p>Cinnamon Toast (WG) Applesauce</p>	<p>6</p> <p>Cereal (WG) Pineapple</p>	<p><i>*Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to all</i></p>
<p><i>1 Year- 2 Year Olds 1/2 Oz- Grain 1/4 Cup Fruit or Vegetable or Both 1/2 Cup Milk</i></p>	<p>9</p> <p>Cinnamon Toast (WG) Bananas</p>	<p>10</p> <p>Cereal (WG) Pineapple</p>	<p>11</p> <p>Jelly Toast (WG) Mandarin Oranges</p>	<p>12</p> <p>Pancakes Peaches</p>	<p>13</p> <p>Cereal (WG) Pears</p>	<p><i>1 Year- 2 Year Olds 1/2 Oz- Grain 1/4 Cup Fruit or Vegetable or Both 1/2 Cup Milk</i></p>
<p><i>3-5 Year Olds 1/2 Oz- Grain 1/2 cup Fruit or Vegetable or Both 3/4 Cup Milk</i></p>	<p>16</p> <p>English Muffins (WG) Pears</p>	<p>17</p> <p>French Toast (WG) Peaches</p>	<p>18</p> <p>Cereal (WG) Pineapple</p>	<p>19</p> <p>Cinnamon Toast (WG) Applesauce</p>	<p>20</p> <p>Cereal (WG) Fruit Cocktail</p>	<p><i>3-5 Year Olds 1/2 Oz- Grain 1/2 cup Fruit or Vegetable or Both 3/4 Cup Milk</i></p>
<p><i>6-12 Year Olds 1 Oz- Grains 1/2 Cup Fruit or Vegetable or Both 1 Cup- Milk</i></p>	<p>23</p> <p>Cereal (WG) Bananas</p>	<p>24</p> <p>English Muffins (WG) Peaches</p>	<p>25</p> <p>Holiday School Closed</p>	<p>26</p> <p>Holiday School Closed</p>	<p>27</p> <p>Cereal (WG) Mandarin Oranges</p>	<p><i>16-12 Year Olds 1 Oz- Grains 1/2 Cup Fruit or Vegetable or Both 1 Cup- Milk</i></p>
<p><i>*All meals are served with milk unless otherwise noted* **WG = Whole Grain**</i></p>	<p>30</p> <p>French Toast (WG) Applesauce</p>	<p>31</p> <p>Holiday School Closed</p>			<p><i>*All meals are served with milk unless otherwise noted* **WG = Whole Grain**</i></p>	<p>NORTH POLE</p>