



March Breakfast Menu

	Mon	Tue	Wed	Thu	Fri	Sat
1/2 Slice/Serving/1/4 cup 1/4 Cup 1/2 Cup			1 Toast (WG) Bananas	2 Pancakes (WG) Peaches	3 Cereal (WG) Pears	1/2 Slice/Serving/1/4 Cup 3/4 Cup 3/4 Cup
1/2 Slice/Serving/1/4 cup 1/4 Cup 1/2 Cup	6 Waffles (WG) Bananas	7 Toast (WG) Peaches	8 Waffles (WG) Fruit Cocktail	9 English Muffins (WG) Applesauce	10 Cereal (WG) Pineapple	1/2 Slice/Serving/1/4 Cup 3/4 Cup 3/4 Cup
1/2 Slice/Serving/1/4 cup 1/4 Cup 1/2 Cup	13 Cereal (WG) Pears	14 French Toast Sticks (WG) Bananas	15 Cinnamon Toast (WG) Applesauce	16 Waffles (WG) Peaches	17 Cereal (WG) Mandarin Oranges	1/2 Slice/Serving/1/4 Cup 3/4 Cup 3/4 Cup
1/2 Slice/Serving/1/4 cup 1/4 Cup 1/2 Cup	20 Toast (WG) Applesauce	21 Pancakes Pears	22 English Muffins (WG) Peaches	23 French Toast Sticks Applesauce	24 Cereal (WG) Pineapple	1/2 Slice/Serving/1/4 Cup 3/4 Cup 3/4 Cup
1/2 Slice/Serving/1/4 cup 1/4 Cup 1/2 Cup	27 Cinnamon Toast (WG) Mandarin Oranges	28 Waffles Applesauce	29 Toast (WG) Bananas	30 Pancakes (WG) Peaches	31 Cereal (WG) Pears	
1/2 Slice/Serving/1/4 cup 1/4 Cup 1/2 Cup						*All meals are served with milk unless otherwise noted* **WG = Whole Grain**