



December Lunch Menu



"This Institute is an Equal Opportunity Provider"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>*Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to all children two years of age</i></p>	<p>2</p> <p>Chicken Quesadillas (WG) Carrots Pears</p>	<p>3</p> <p>Chicken with Rice (WG) Green Beans Peaches</p>	<p>4</p> <p>Chicken Stir Fry Broccoli Mandarin Oranges</p>	<p>5</p> <p>Chicken w/Mexican Rice (WG) Salad Pineapple</p>	<p>6</p> <p>Grilled Turkey and Cheese Sandwich (WG) Broccoli Fruit Cocktail</p>	<p><i>Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to all</i></p>
<p><i>1 Year- 2 Year Olds 1/2 Oz- Grain 1/4 Cup Fruit or Vegetable or Both 1/2 Cup Milk</i></p>	<p>9</p> <p>Bean Cheese Burrito (WG) Corn Fruit Cocktail</p>	<p>10</p> <p>Turkey Lasagna Cucumber Peaches</p>	<p>11</p> <p>Bean Cheese Tostada Peas Pears</p>	<p>12</p> <p>Chicken Fideo Peas and Carrots Mandarin Oranges</p>	<p>13</p> <p>Turkey & Cheese Wrap Salad Pineapple</p>	<p><i>1 Year- 2 Year Olds 1/2 Oz- Grain 1/4 Cup Fruit or Vegetable or Both 1/2 Cup Milk</i></p>
<p><i>3-5 Year Olds 1/2 Oz- Grain 1/2 cup Fruit or Vegetable or Both 3/4 Cup Milk</i></p>	<p>16</p> <p>Chicken Alfredo Cucumbers Mandarin Oranges</p>	<p>17</p> <p>Spaghetti w/Ground Turkey Green Beans Fruit Cocktail</p>	<p>18</p> <p>Chicken Fried Rice (WG) Broccoli Peaches</p>	<p>19</p> <p>Bean Cheese Burrito (WG) Corn Fruit Cocktail</p>	<p>20</p> <p>Turkey & Cheese Sandwich Green Beans Pears</p>	<p><i>3-5 Year Olds 1/2 Oz- Grain 1/2 cup Fruit or Vegetable or Both 3/4 Cup Milk</i></p>
<p><i>6-12 Year Olds 1 Oz- Grains 1/2 Cup Fruit or Vegetable or Both 1 Cup- Milk</i></p>	<p>23</p> <p>Chicken Noodle Soup Peas Pineapples</p>	<p>24</p> <p>Chicken Teriyaki w/Rice (WG) Green Beans Fruit Cocktail</p>	<p>25</p> <p>Holiday School Closed</p>	<p>26</p> <p>Holiday School Closed</p>	<p>27</p> <p>Turkey & Cheese Wraps Salad Applesauce</p>	<p><i>6-12 Year Olds 1 Oz- Grains 1/2 Cup Fruit or Vegetable or Both 1 Cup- Milk</i></p>
<p><i>*All meals are served with milk unless otherwise noted* **WG = Whole Grain**</i></p>	<p>30</p> <p>Chicken Quesadillas (WG) Carrots Pears</p>	<p>31</p> <p>Holiday School Closed</p>				<p><i>*All meals are served with milk unless otherwise noted* **WG = Whole Grain**</i></p>