

## January Lunch Menu



Sun	Mon	Tue	Wed	Thu		
Ages 1-2 1 Ounce / 1/4 cup*	1	2	3	4	5	Ages 3-5 1.5 Ounces / 3/8 cup*
1/2 Slice/Serving/1/4 Cup	Holiday School	Chicken w/ Rice	Chicken Noodle	Chicken w/	Grilled Ham Cheese	1/2 Slice/Serving/1/4 Cup
1/8 Cup	•	Green Beans	Stir Fry	Mexican Rice	Sandwich (WG)	1/4 Cup
1/8 Cup	Closed	Peaches	Steamed Broccoli	Salad 🗼 🗘	Broccoli	1/4 Cup
**************************************			Mandarin Oranges	Fruit Cocktail	Fruit Cocktail	
Ages 1-2 1 Ounce / 1/4 cup*	8	9	10	11	12	Ages 3-5 1.5 Ounces / 3/8 cup*
1/2 Slice/Serving/1/4 Cup	String Bean Chicken	Turkey Lasagna	Bean & Cheese	Chicken Taguitos (WG)	Turkey & Cheese Wrap	1/2 Slice/Serving/1/4 Cup
1/8 Cup	Steamed Rice	Cucumbers	Tostada	Carrots	Salad	1/4 Cup
1/8 Cup	Pineapples	Peaches 🗼 🐧	Peas	Applesauce	Pineapple	1/4 Cup
		<b>↔</b>	Pears			
Ages 1-2 1 Ounce / 1/4 cup*	15	16	17	18	19	Ages 3-5 1.5 Ounces / 3/8 cup*
1/2 Slice/Serving/1/4 Cup	Chicken Alfredo Pasta	Spaghetti w/ Ground	Fried Rice	String Bean Chicken	Ham Cheese	1/2 Slice/Serving/1/4 Cup
1/8 Cup	Cucumbers	Turkey (WG)	Broccoli	Steamed Rice Pineap-	Sandwich (WG)	1/4 Cup
	Mandarin Oranges	Green Beans	Peaches	ples 🖫	🌠 🦠 Green Beans	1/4 Cup
<b>~</b> 4\$±	o Milio	Fruit Cocktail		<b>****</b>	Pears	3/4 Cup
Ages 1-2 1 Ounce / 1/4 cup*	22	23	24	25	26	Ages 3-5 1.5 Ounces / 3/8 cup*
1/2 Slice/Serving/1/4 Cup	Chicken Noodle Soup	Chicken Teriyaki w/ Rice	Mini Pizza w/ Turkey	Chicken Fideo	Turkey & Cheese Wrap	1/2 Slice/Serving/1/4 Cup
1/8 Cup	Peas	Green Beans	(W <i>G</i> )	Peas & Carrots	Salad	1/4 Cup
1/8 Cup	Pineapples	Fruit Cocktail	Mixed Veggies Pears	Mandarin Oranges	Applesauce	1/4 Cup
Ages 1-2 1 Ounce / 1/4 cup*	29	30	31	** <b>\$</b>	235 X.X.	Ages 3-5 1.5 Ounces / 3/8 cup*
1/2 Slice/Serving/1/4 Cup	Chicken Quesadillas	Chicken w/ Rice	Chicken Noodle	-XIIIENH		1/2 Slice/Serving/1/4 Cup
1/8 Cup	(WG)	Green Beans	Stir Fry	Of		1/4 Cup
1/8 Cup	Carrots	Peaches 📜	Steamed Broccoli	COXC		1/4 Cup
1/2 Cup	Pears	7 F.	Mandarin Oranges			3/4 Cup
Ages 1-2 1 Ounce / 1/4 cup*		**************************************	**************************************	. 33	k Co VX	*All meals are served with milk unless otherwise noted*
1/2 Slice/Serving/1/4 Cup			0	v V k	THE COLOR	*Whole, unflavored milk is served to children one year of age and 1
1/8 Cup					3.4	percent, unflavored milk to all children two years of age and
1/8 Cup				·*<	The state of	older"
1/2 Cup					2	**WG = Whole Grain**
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